## My Work and I

Work is

My basic attitude at work is ...

My work environment is ...
The strongest motivation for my work is ....

If I could choose, I'd like to work $\qquad$
I work for...

For my work, I earn. $\qquad$ money.

I work to ....

I most like to work ...

The best reward for my work is ....

I admire the work of others $\qquad$

Without work ...

In our society, we work to $\qquad$
If I had a lot of money I would work $\qquad$

I am paid $\qquad$ money for my work.

My greatest skill at work is ....

My major weakness at work is ..

Others judge my work as ...

My parents view my work as ..
When my work is recognized, I feel
When my work is criticized and not acknowledged, I feel ....

My dream would be to work $\qquad$

In order to achieve my dream, I need......

I am particularly happy to work when ...
I am particularly mindful at work when ...

My colleagues are my $\qquad$

For me, my customers are . $\qquad$
My co-workers are my $\qquad$

The right amount of work would be $\qquad$ hours per week.

Good work is evidenced by $\qquad$
For me, work means $\qquad$

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The best kind of employment for me would be .....
The worst part of my job is $\qquad$

At work I avoid $\qquad$

How I work determines $\qquad$

Where I work determines ...

With whom I work determines ...

Happiness and work are like $\qquad$

My prevailing emotions during work are ...
My prevailing emotions after work are ...
The success of my work is judged by ...
I judge the success of my work by ....
In judging my own work, I am $\qquad$ with myself

During my breaks ...
After my breaks I feel ...

The biggest stressors in my work environment are ...
Leisure time activities and work activities differ by ...

My most rewarding experience at work ...
I feel most free when ...

In conclusion: Work is for me....


